

*The women of Chicago's west side and the near-west suburbs
are invited to gather this spring for prayer and reflection
at St. Catherine - St. Lucy Parish.*



Conflict is everywhere in our world

Verbal abuse, gun violence, and political antagonism color our world, and we wonder how to speak with friends or family members who think differently than we do. What do we do with our anger? Can we create lives, relationships, and a world in harmony with our values?

Shelby Boblick and Carol Spiegel, BVM, a student of conflict resolution for over 20 years, will facilitate the meetings. Once a week, Carol teaches Peacemaking and Conflict Resolution at St. Catherine-St. Lucy School.

Shelby will supply the materials each week. No need to prepare in advance.

We'll focus on a different topic each week. It matters not at all if you miss a week or several weeks. You are most welcome to join us as and when your schedule permits. Drop-ins are encouraged!

We'll offer duplicate sessions each Monday: one at 1 p.m. and another at 7:30 p.m. Please join us at whichever time suits you and your life.

- **Monday, March 5** **Excavating the Anger Volcano**
- **Monday, March 12** **Quality World to the Rescue**
- **Monday, March 26** **What if There are 2 Anger Volcanoes Close to Each Other?**
- **Monday, April 9** **Nonviolent Communication: The Language of Life**
- **Monday, April 16** **The Magic of Conflict**
- **Monday, April 23** **A Tool in Harmony with Nonviolent Communication & Case Studies**

We'll meet in the gathering space of St. Catherine-St. Lucy Church. The Church is accessible by ramp, and assistive listening devices are available.

Please join us! Questions or concerns...call Shelby Boblick @ 630-240-2765